



St. John's
Episcopal Church
Oklahoma City, OK

Fab Friday - February 9, 2024



It's hard to believe that Ash Wednesday and Lent are already upon us! It is really early this year. And Spring seems to be coming early this year too - have you noticed some plants already in bloom?

Ash Wednesday has a very interesting history and story behind it. Ash Wednesday is the start of the Easter season as it marks the beginning of Lent. Ashes were often used as a symbol of sorrow for sin in the Bible. Though Ash Wednesday itself isn't mentioned in the Bible, we find the use of ashes in the book of Daniel where ashes were first associated with penance.

The use of ashes as a symbolic gesture has early roots, all the way back to the 11th century. Because Lent is a time for fasting, self-sacrifice, and repentance, Pray - Fast - Give, it makes sense to begin the 40-day period with a symbolic gesture of solemnity.

The practice of spreading ashes on foreheads became widespread in the U.S. as recently as the 1970s. It was part of a wider trend in American religion of people wanting to connect their physical and spiritual lives. The mark became an obvious association with religion that people embraced, as they could wear it throughout the day.

Across the nation, people will gather in churches for the imposition of ashes this coming Wednesday. In some areas of the country, you will find volunteer clergy and deacons on the corners or in the mall (Ashes to Go) imposing ashes for those who have no church home.

Please join us on this solemn occasion as we begin this Lenten season.

Attached is the [bulletin for this Sunday](#) service.

God Bless You,
Nancy



Last year's distribution of handmade Valentines to homebound and widowed members of St John's brought joy and meant a great deal to those in receipt. So, Young Families, you will get out the colored paper, glitter, markers and all other art supplies and **make Valentines cards once again on Saturday, Feb 11 at 4:30 pm. RSVP to Candace Baxendale.**

Don't forget to sign up to bring rice and beans (red beans and rice), cornbread and other breads. I heard a rumor that there is an abundance of desserts. Did anyone sign up to bring the traditional King Cake?



SHROVE TUESDAY
POTLUCK

TUESDAY 13TH February Start 6:30 pm	RICE AND BEANS AND OTHER GOODIES SIGN UP SUNDAYS, FEB 4 AND 11 IN THE NARTHEX
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MORE INFORMATION TO COME





Lent 2024

Tuesday - Feb 13 - Shrove Tuesday Potluck Supper - 6:30 PM

Wednesday - Feb 14 - Ash Wednesday Eucharist – 7:00 PM

Sunday - Feb 18 - First Sunday in Lent

Wednesday, Feb 21 - Stations of the Cross at 5:30 with potluck and program at 6:00

Saturday - Feb 24 - Feast of St Mathias Evening Eucharist – 5:30 PM

Sunday - Feb 25 - Second Sunday in Lent

Wednesday, Feb 28 - Stations of the Cross at 5:30 with potluck and program at 6:00

Sunday - March 3 - Third Sunday in Lent

Wednesday - March 6 - Stations of the Cross at 5:30 with potluck and program at 6:00

Sunday - March 10 - Fourth Sunday in Lent – Time Change, Spring Forward

Wednesday - March 13 - Stations of the Cross at 5:30

Sunday - March 17 – Rose Sunday, Fifth Sunday in Lent

Tuesday, March 19 - Feast of St. Joseph at 5:30 PM

Wednesday - March 20 - Stations of the Cross at 5:30

Sunday - March 24 - Sunday of the Passion - Palm Sunday

Wednesday - March 27 - Stations of the Cross at 5:30

Thursday - Maundy Thursday - March 28 - 5:30 Agape Dinner; 7:00 Maundy Thursday Eucharist; The Watch starting after Maundy Thursday Service

Friday, March 29 - Good Friday – Noon Eucharist

Friday, March 29 - Good Friday - 7:00 Eucharist

Saturday, March 30 - The Great Vigil at 5:30 PM

Sunday - March 31 - Easter Sunrise Service - Chapel – Rite I at 7:30 AM;

Easter Breakfast – 9:15 in Wade-Dalton Hall

Sunday - March 31 Easter with Easter egg hunt following the service

Wednesday Evening Lenten Services

Wednesday, Feb. 14, 7:00 pm – Ash Wednesday Eucharist

Wednesday, Feb 21 – 5:30 pm Stations of the Cross;

6:00 pm Potluck and presentation by Jen Stall, JD Program Liaison of St Joseph of Cupertino

Wednesday, Feb 28 - 5:30 pm Stations of the Cross;

6:00 pm Potluck and a presentation by Canon Stephen Carlson

Wednesday, March 6 - 5:30 pm Stations of the Cross;

6:00 pm Potluck and a reading by the choir and friends of

The Man Born to be King.

Wednesday, March 13 – 5:30 pm Stations of the Cross

Wednesday, March 20 – 5:30 pm Stations of the Cross

Wednesday, March 27 – 5:30 pm Stations of the Cross



It's time to start donating to **Teachers' Toolbox** again. As they begin their new year, they are in need of **Crayons, Crayola Markers, Expo Markers (dry erase) and glue sticks**. There is a bin in the Narthex ready for your donations. Thank you for all you do for our local students!



Cookies, Bars, Cakes, Breads, and Scones, Oh My!

Help us raise money for a new adult-size changing table for St. John's Church. As our congregation grows, we want to be ready to welcome people of all ages and abilities. This is an important addition to our church to make this goal possible.

Bring your favorite sweet treat to sell at our Sunday bake sale and help us with this project.
